

37th Annual NASW-OK Conference

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Self Care In Its Duality: Personal and Organizational

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Resources

Lanny's Website: <http://drlannyendicott.com.tripod.com>

Beth Stamm, ProQOL5: <http://www.isu.edu/~bhstamm/>

Headington Institute: <http://www.headington-institute.org/Default.aspx?tabid=1379>

Authentic Happiness Website: <http://www.authentichappiness.sas.upenn.edu/Default.aspx>

David Baldwin Trauma Information: <http://www.trauma-pages.com/disaster.php>

Figley Institute: <http://www.figleyinstitute.com/indexMain.html>

Compassion Fatigue Awareness Project: <http://www.compassionfatigue.org/>

University of Texas Counseling and Mental Health: <http://www.cmhc.utexas.edu/stress.html>

Veterans Administration Resources for addressing PTSD: <http://www.ptsd.va.gov/index.asp>

Sidran Institute: <http://sidran.org/index.cfm>

International Society of Traumatic Stress Studies: <http://www.istss.org/Home.htm>

The National Child Traumatic Stress Network: <http://www.nctsn.org/products/secondary-traumatic-stress-fact-sheet-child-serving-professionals%20>

Sanctuary Model of corporate self-care: <http://www.sanctuaryweb.com/sanctuary-model.php>